



Winter Edition 2022



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Happy New Year everyone and welcome to
Syracuse Housing Authority's Winter Newsletter.

It's been an exciting year so far with continuous progress toward our redevelopment projects (I-81 and The New 15th Ward). I want to thank you all for your participation in voicing your concerns regarding both redevelopment projects and please continue to participate in our resident update meetings to stay informed. Please enjoy this Newsletter and stay connected with us via our website: **www.syrhousing.org** or

Facebook: **@syracusehousing**.

Sincerely,

William J. Simmons, Executive Director





HOUSING CHOICE VOUCHER PROGRAM

NEW OFFICE!

LOCATED: 203 MLK East

HOURS: MONDAY 9:00AM TO 1:00PM

TUESDAY 9:00AM TO 1:00PM

WEDNESDAY 12:00PM TO 4:00PM

THURSDAY 12:00PM TO 4:00PM

FRIDAY CLOSED

WE ARE CLOSED FOR ALL MAJOR HOLIDAYS



- Open to the public for Housing Assistance Payments Programs (Section 8) services
- **Call Us at (315) 470-4400**



Self-Service Kiosk Locations

- SHA Main Office
- Pioneer Homes Coffee House
- Almus Oliver Towers Lobby
- HCV Annex Building
- 312 Gifford Street Lobby

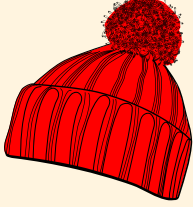


COMING SOON...

Kiosks can assist SHA Residents:

- Completing online applications
- Accessing online payments
- Submitting Maintenance Requests
- Completing housing applications
- Scanning and uploading documents
- 24/7 access to online resources (housing/ jobs/ Health/ Census/ Voter Registration)





COMING SOON CONTINUED...

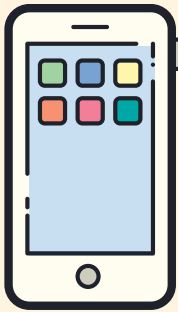


Wireless Internet Common Area Locations:

James Geddes High Rises	Almus Olver Tower	Toomey Abbott Towers
Vinette Towers	Fahey Court	Freedom Commons

Electronic Bill Pay:

- SHA will **soon** be able to accept electronic rent payments
- Residents will be able to pay rent online or using a mobile app if desired
- Electronic Bill Pay is NOT required, it is intended to provide residents a more convenient option to pay rent
- More information and training will be available soon



To prepare for Bill Pay: Residents can setup a bank account with any bank to avoid any fees associated with electronic rent payment-- **Please contact SHA's Resident Support Services Department if you need help establishing a checking account:**

(315) 475-6181 ext. 4

What is the Syracuse FEC?

www.syrgov.net/fec

The Syracuse Financial Empowerment Center will offer 1-on-1 professional, private, financial counseling as a free city service available to all city of Syracuse residents.

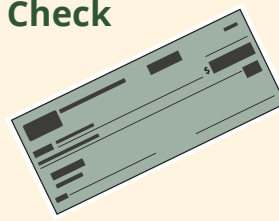


**Syracuse
Financial
Empowerment
Center**

*Free One-on-One
Financial Counseling*

Tel: 315-474-1939 Ext. 5
Email: fec@homehq.org

Personal Financial Goals **Small Business Loans**
Credit, Debit, Banking **Student Loans**
Mortgage and Tax Relief **Contacting Creditors**
Unemployment **Federal Stimulus Check**





SECTION 3 PROGRAM NEWS

Syracuse Build, CenterState CEO and SUNY EOC's Build Ready program partnered with SHA during the months of November and December 2021, to provide building maintenance training for area residents.

The program focused upon two components, classroom training and practical experience. The classroom training was held at EOC on New

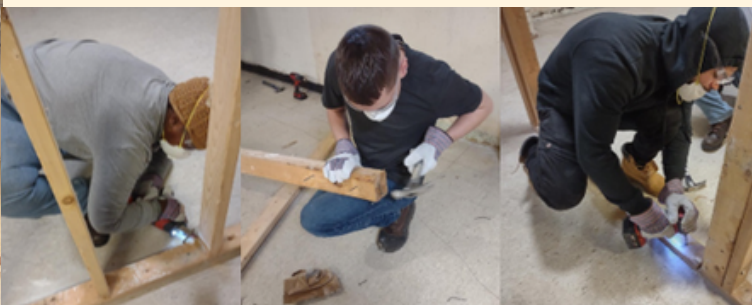
Street where students learned about worksite safety, proper identification and usage of hand tools, and math for the industry. The hands-on portion of the training involved the students deconstructing and refurbishing some of the walls in a basement area at an SHA property. Once the room was cleared and prepped, the students built and fitted about 75 feet of tiered duty shelving to create an area for glass/and screen storage and repair.

Seven students graduated from the class and received a small stipend for their participation. The students also received tool belts with protective equipment and hand tools.

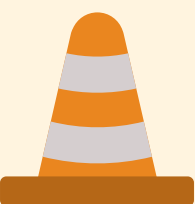
The next classes will start sometime in late February. **If you or someone you know are interested in being a part of the next class please reach out to the Section 3 Coordinator via email at rseigler@syrnousing.org.**



L-R Abdel Hakim Aziz, Phillip Finch, Theresa Durham, Joshua Wright, Tyrea Durham, and Shacara West.



Above L-R: Shacara West, Kyle Brown and Fred Hayward.





The City of Syracuse and the Syracuse Housing Authority have embarked on a \$800 million revitalization of the Old 15th Ward, a 27-block, 118-square-acre area that includes more than 1,037 public housing units.

The Old 15th Ward was demolished as a result of the construction of Interstate 81 in the 1950s and 1960s. Afterward, social and economic policy decisions have stopped progress and limited this neighborhood's economic potential. The New York State Department of Transportation's plan to replace the current Interstate 81 viaduct presents a transformational opportunity to expand and strengthen the City's urban core through reconnecting neighborhoods, spurring commercial development, and providing better access to good paying jobs for local workers.

The City and Syracuse Housing Authority are partnering with national affordable housing developer McCormack Baron Salazar, Inc. (MBS), as Master Developer of the New 15th Ward Neighborhood Transformation. They bring more than 40 years of experience in the urban revitalization of distressed communities across the U.S. Urban Strategies, Inc. (USI), a national nonprofit leader with extensive experience in human capital development strategies in communities undergoing revitalization, will provide long-term supportive services to residents throughout this transformation. Together, MBS and USI have successfully collaborated on more than 15 CHOICE Neighborhoods across the country.

Blueprint 15, which focuses on the New 15th Ward Neighborhood, joined the Purpose Built Communities (PBC) Network as its 25th member nationwide in 2019 and remains the first and only member in New York State. PBC helps local leaders transform struggling neighborhoods with a proven model to break the cycle of intergenerational poverty in urban America.

UPDATED HOUSING PLAN

Replacement – 293 Units

Target – Over 600 Units



WHAT MAKES A CHOICE NEIGHBORHOOD?

The Choice Neighborhood Implementation is U.S. Department of Housing and Urban Development's premiere place-based initiative for comprehensively investing in neighborhoods. The City and Syracuse Housing Authority are seeking \$50 million in CNI funds to aid in the transformation of the New 15th Ward. This resident-driven neighborhood development will help create economic mobility, better ensure racial equity, and improve health outcomes for families and children in the New 15th Ward.



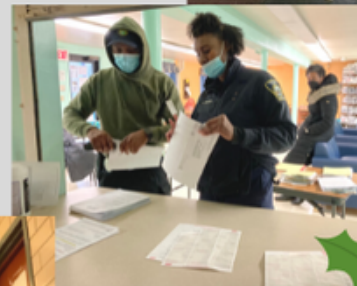
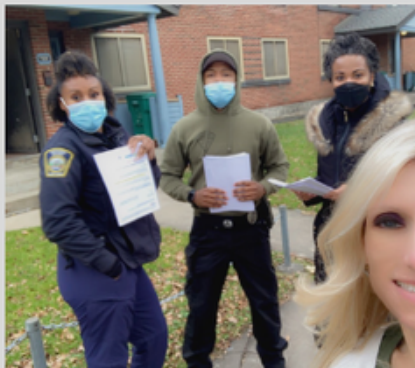


SURVEYS

Resident Needs Assessment



**Thank you Officer
Hanks and
Officer Hendrix**

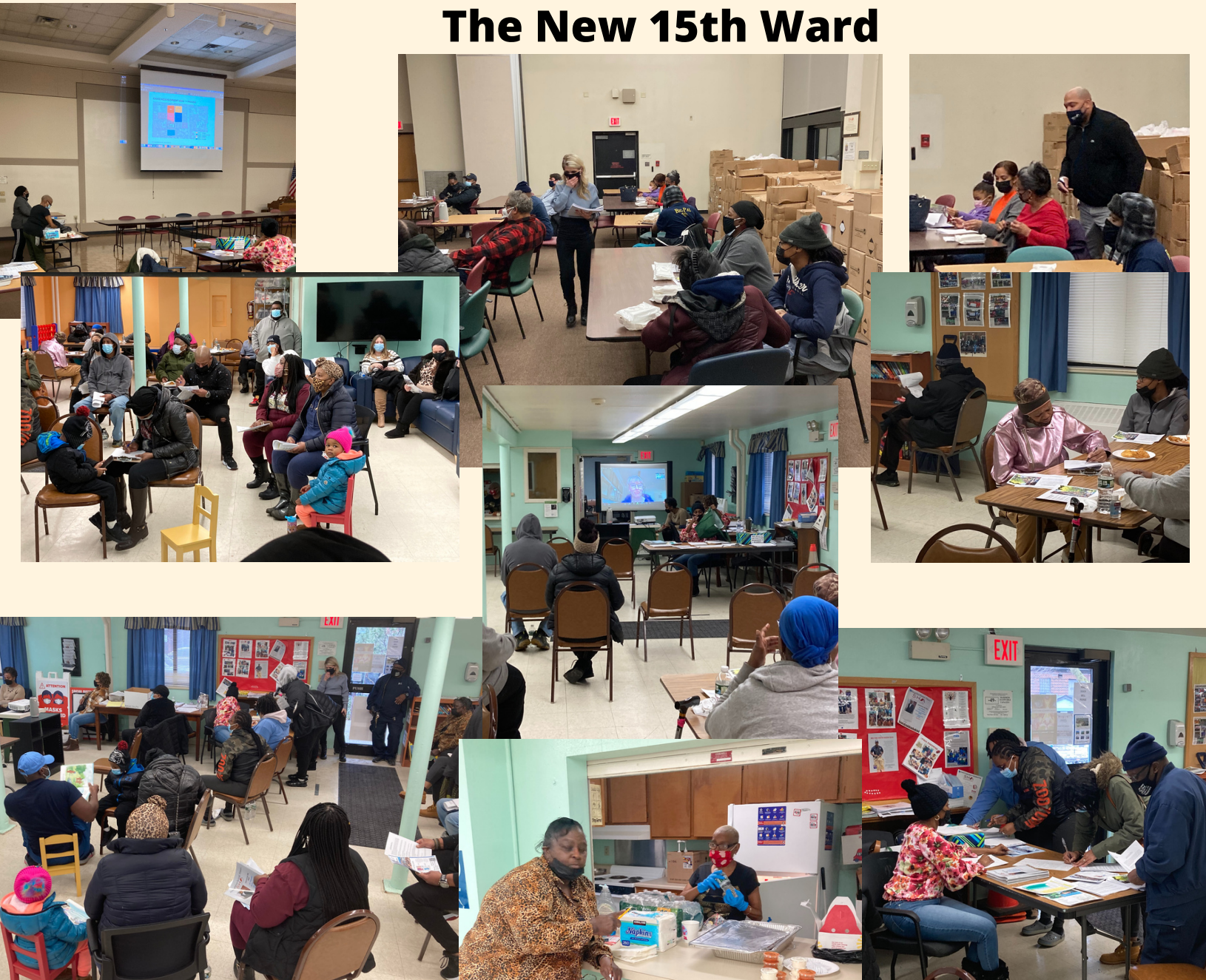


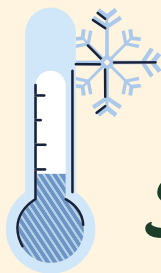
Scan for more
Information
Scan to complete
resident survey





Resident Presentation on The New 15th Ward





Supreena Small's

Where: Pioneer Homes, Coffee House

When: 3rd Thursday of the Month
5-6pm

Women's Empowerment Group



Do You Like Gardening?



You're Invited!



Join the Pioneer Homes Garden Club!



If interested contact Mabel Wilson at
315-471-7063



FOOD PANTRY

Now located in 5 Senior High Rise Buildings!

Food Pantry is available to residents living in the following SHA High Rises:
For more information see your representative for your building

Eastwood Heights

Jerlene Harper

Food Pantry Program Coordinator

Ross Towers

Sharon Broome
Food Pantry Lead

Toomey Abbott Towers

Derek Bethea
Food Pantry Lead

Vinette Towers

Dorrinda Fulton
Food Pantry Lead

James Geddes Towers

Awilda Sepulveda
Food Pantry Lead





When to get a mammogram?

- Female
- 40 years or older
- Never had mammo
- 1 year+ since last mammo



She Matters can help you
get a mammogram with or
without insurance



(315) 484-4237

She Matters & We Matter are community outreach programs that educate men and women on the importance of cancer screenings. She Matters focus is breast cancer and mammography screening. We Matters focus is colorectal cancer and colonoscopies or at home stool kits. The She and We Matter programs are made up of Resident Health Advocates (RHAs) who educate their neighbors / community and assist in scheduling screening appointments. Interested in a screening or have questions? **Call us anytime at (315) 484-4237.**



LIVING HEALTHY WITH A CHRONIC CONDITION



The Living Healthy with a Chronic Condition program helps you gain control over your health and improve your quality of life.

The program is **FREE** and available for anyone over the age of 18 living in Onondaga County. Consider the Living Healthy with a Chronic Condition program if you have a chronic condition such as:

- Diabetes
- Heart disease
- Anxiety/Depression
- Arthritis
- Chronic pain
- Asthma/COPD
- High blood pressure
- Cancer
- Other health conditions

The Living Healthy with a Chronic Condition is a six-session, peer-led health education program for people or caregivers with any type of ongoing health condition. The program complements the healthcare that the person may already be receiving. The purpose of the workshop series is to enhance one's skills and ability to manage his or her health and maintain an active and fulfilling lifestyle. Each participant receives a free book, "Living a Healthy Life with Chronic Conditions" as well as the CD, "Relaxation for the Mind and Body."

LET'S TALK ABOUT COLORECTAL CANCER



Colorectal Cancer is cancer that begins in the colon or rectum

Adults 45+ should get screened

Keeping up with your screenings can detect polyps before they become cancer

We Matter can schedule you for a colonoscopy or give you a take home FIT kit

FREE
Workshop

DATES Wednesdays March 16, 23, 30; April 6, 13, 20, 2022

TIMES 10:00 am- 12:30 pm

LOCATION Zoom Online Six Week Workshop

ADDRESS Once registered you will receive a Zoom class link

REGISTRATION REQUIRED

Call (315) 484-4237 for registration assistance or
Register online at: <https://www.upstate.edu/rsvp/register.php?eventid=1638899951031&emp=r>
or E-mail Livinghealthy@Upstate.edu for the online registration link.

Feel better. Be in control. Put life back in your life.



Administration for Community Living
NYS Office for the Aging
Onondaga County Office for Aging



*Together
We Can!*

Syracuse Healthy Start

Our goal is to help moms have healthy babies and help families give their babies a healthy start!



ongovhealth
Onondaga County
Health Department

Healthy Families
Division

ongov.net/health facebook.com/ongovhealth

FREE to families residing in zip codes:
13202, 13203, 13204, 13205, 13206, 13207,
13208, 13210 and 13224

Locations

**Onondaga County
Health Department**
421 Montgomery Street
Syracuse, NY 13202

**Catholic Charities
of Onondaga County**
1654 West Onondaga Street
Syracuse, NY 13204

**Syracuse Community
Connections**
401 South Avenue
Syracuse, NY 13204



Are you pregnant, parenting, or planning a family?

Healthy Families is here to help!

Allow us to provide information and support you and your family might need.
Our services include:

- Health insurance assistance
- Finding a doctor
- SNAP & WIC registration
- Prenatal care
- Breastfeeding support
- Family planning
- Parenting classes
- Childbirth education
- Depression screenings

Community Action Network (CAN)

We Need Your Help!



VISION

Our vision is to make the City of Syracuse a community where race and ethnicity have no impact on the health and safety of babies, births, families and neighborhoods.

MISSION

Our Mission is to save lives by eliminating health inequities. We do this by empowering the community through outreach, education and advocacy.

WHY SHOULD YOU GET INVOLVED?

- Because you care about Syracuse
- Because every voice matters to make a change
- Because the CAN is an opportunity to make a positive impact!

HOW DO YOU GET INVOLVED?

The CAN meets monthly to work toward our goal and objectives.
ANYONE can join the CAN!
Call 315-435-2920 to get involved or scan the QR code

Scan me



CAN

Community Action Network

Yes

We

Can



For more information OR to get involved, please contact
Syracuse Healthy Start:

Phone: (315) 435-2920



Healthy Families
Division

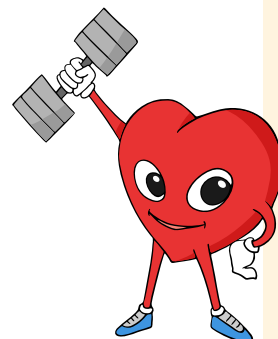
ongov.net/health facebook.com/ongovhealth



CALLING ALL SHA EMPLOYEES AND RESIDENTS!

SAVE THE DATE!

SHA is creating a team to participate in the



**Syracuse Heart Challenge/Syracuse Heart Walk
on Sunday, April 24, 2022.**

There will be two routes, 1- & 3-mile options.

Check-in Opens: 8:00 AM/Walk Begins: 10:00 AM

Walk location: SRC Arena/Onondaga Community College

4585 West Seneca Turnpike, Syracuse, NY 13215

Come out, wear **RED**, invigorate a heart-healthy lifestyle and have fun.

Encourage your family and friends to join you as we walk to promote heart health within the Syracuse community.

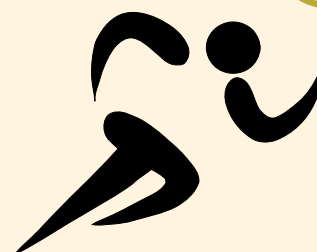
Every registrant will be eligible to win prizes.

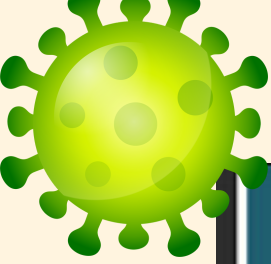
Be on the lookout for further details on how to register for the SHA team.

Any questions, please contact the SHA Heart Walk Coordinator, Lisa Hart @ 315-470-4490;

SpecialEvent@syrhousing.org

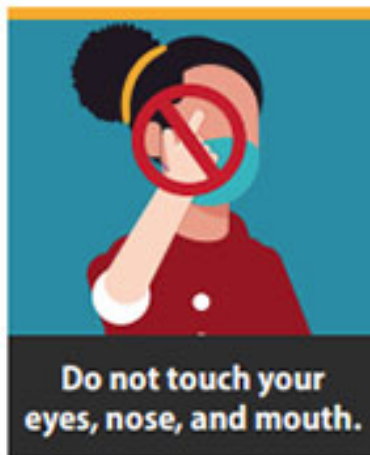
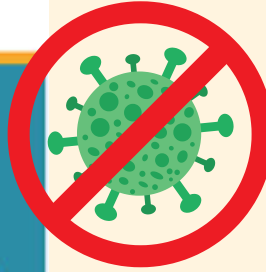
Please note that transportation will not be provided to/from the event.





Stop the Spread of Germs

Help prevent the spread of respiratory diseases like COVID-19.





FIRE PREVENTION



■ Prepare

Have working smoke alarms on every level of your home. You should have a smoke alarm inside bedrooms and outside sleeping areas. Test to make sure the sound of the alarm is loud enough to wake you.



■ Plan

Make an escape plan around your abilities. If you need to use a wheelchair or cane, make sure you can get to them quickly. Keep glasses or hearing aids next to the bed.

**ALWAYS
CALL 911 IF YOU SEE
SMOKE OR FLAMES**

Cooking



1 Number 1 cause of home fires

Heating



2 Number 2 cause of home fires

Electrical



3 Number 3 cause of home fires

Cigarettes & Candles



4 Number 4 cause of home fires

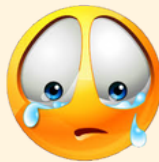
KEEP WINDOWS CLOSED!

Hot water pipes and radiators can easily burst due to the change in temperature causing severe water damage. Please keep all windows closed. This protects you and your neighbors! Residents are responsible for all damages.



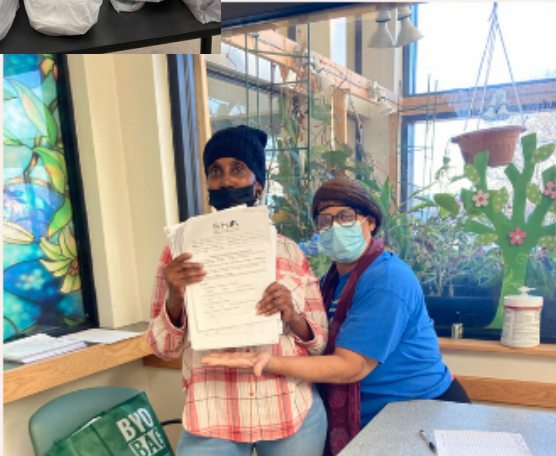
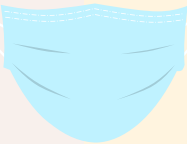
NO SPACE HEATERS!!!

Space heaters and other heating objects can easily cause home fire. Our building outlets are NOT designed for the use of them.

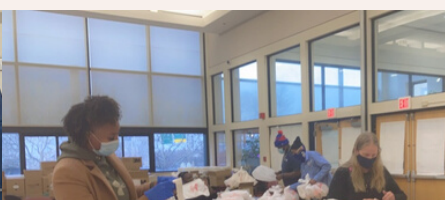
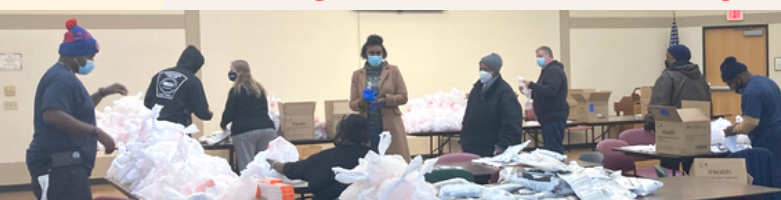




PPE GIVEAWAY



Thank you Tara Harris, Supreena Smalls, and Qwanka Elerby





HOLIDAY FUN





Resident Support Services

FINANCIAL LITERACY

Household budgeting
personal savings programs
*1st time HOME buyer programs
Credit repair

LEASE COMPLIANCE

Understanding your lease
Housekeeping issues
Counseling or support to maintain successful tenancy
Conflict resolution, Grievance disputes

JOB SKILLS TRAINING

Computer training and access for jobseekers
ESL and High School Equivalency (GED)
College applications and scholarships
Job training programs, skilled trade job training
Finding a job, or a better job

CHILD AND YOUTH DEVELOPMENT PROGRAMS

Summer programs, swim lessons, and camp scholarships
College scholarships
Computer access for children and youth

HEALTH AND WELLNESS

Access to health insurance
Finding a doctor or dentist
Nutrition and cooking classes
Community gardens
Becoming more active

**Please call (315) 475-6181 Ext. 4 for information
or
to make an appointment !!!!!!!!!**

SHA
SYRACUSE HOUSING AUTHORITY
Building Neighborhoods. Growing Dreams.
syracusehousing.org/

Follow
us

f @syracusehousing

🐦 @HousingSyracuse

📷 @syracusehousingauthority

SHA CONTACTS

SHA Security
315-475-6181 Ext. 5

Emergency Work Orders / Maintenance
315-475-6181 Ext. 3

Resident Support Services / Social Work
315-475-6181 Ext. 4

Toomey Abbot Towers
(315) 428 0187

Central Village, Almus Oliver Towers &
McKinney Manor
(315) 478-1671

Ross Towers, Vinette Towers, Fahey
Court & Eastwood Heights
(315) 422-0408

James Geddes & Benderson Heights &
Scattered Sites
(315) 470-4421

Pioneer Homes
(315) 473-6810

Freedom Commons
(315) 470-0556

Eastwood Homes, Leonard Buildings &
Homes of Syracuse
(315) 433-1262





SYRACUSE HOUSING AUTHORITY

Building Neighborhoods. Growing Dreams.

syracusehousing.org/

 @syracusehousing

 @HousingSyracuse

 @syracusehousingauthority

